



## Myddelton College

Denbigh, Denbighshire, LL16 3EN

### **Personal, Social, Health and Economic Education Policy**

#### **1. Introduction**

1.1 This policy follows the current guidance for the teaching of PSHE and in particular circular 13/03, Personal and Social Education (PSE) and Work-Related Education (WRE) in the Basic Curriculum.

#### **2. Aims**

2.1 Myddelton College recognises and values the benefits that the Personal, Social, Health and Education (PSHE) programme offers its students.

2.2 This programme is linked with the compulsory section of Citizenship and collectively they offer a broad scope of subjects. Myddelton College will offer learning opportunities that will enable students to be taught the knowledge, skills and understanding they need to take responsibility for themselves, show and offer respect to others and develop their confidence and self-awareness. This will enable them to be more informed when making decisions and more able to cope with the challenges life brings.

#### **3. The Organisation of PSHE**

3.1 Myddelton College has designated a PSHE co-ordinator, Ms Joanna Orchard, who will have overall responsibility for monitoring student performance and the quality of learning and teaching in this area and who will have a target for improving attitudes and behaviour. The co-ordinator will ensure that all Teachers and teaching Assistants are given current information on any changes to the curriculum and will be the catalyst for whole College awareness raising campaigns. She/he will work closely with the Student Council

3.2 Myddelton College recognises the importance and value of parents/carers and families in helping their children to develop and make responsible decisions for themselves based on informed choices. This will be reflected in the delivery of the PSHE curriculum.

3.3 The College will follow the PSHE curriculum at Key Stage 4 as outlined in Circular 13/03

#### **4. The Key Stage 3 Curriculum**

4.1 During Key Stage 3 our students will learn about themselves as growing and changing individuals and as members of their communities with more maturity, independence and power.

4.2 The areas covered in KS3 are;

- Developing confidence and responsibility and making the most of their abilities
- Developing a healthy, safer lifestyle
- Developing good relationships and respecting the differences between people
- Developing a broad understanding of public institutions

4.3 During this Key Stage, most secondary students will be taught knowledge, skills and understanding through opportunities to:

- Take responsibility (for example, for carrying out tasks and meeting deadlines such as taking assembly or running a College newspaper)
- Feel positive about themselves (for example, by taking part in a public performance)
- Participate (for example, in developing and putting into practice College policies about anti-bullying)
- Make real choices and decisions (for example, about options for their future, based on their own research and career portfolios)
- Meet and work with people (for example, people who can give them reliable information about health and safety issues, such as College nurses and community drug awareness workers)
- Develop relationships (for example, by working together in a range of groups and social settings with their peers and others)
- Consider social and moral dilemmas (for example, how the choices they make as consumers affect other people's economies and environments)
- Find information and advice (for example, about the risks of early sexual activity, drug misuse, self-defence for keeping safe)
- Prepare for change (for example, by anticipating problems caused by changing family relationships and friendships, and by preparing for new styles of learning at Key Stage 4)

#### **5. The Key Stage 4 Curriculum**

5.1 During Key Stage 4 students are expected to use the knowledge, skills and understanding that they have gained in earlier key stages and their own experience to take new and more adult roles in the College and the wider community.

5.2 They develop the self-awareness and confidence needed for adult life, further learning and work. They will have opportunities to show that they can take responsibility for their own learning and career choices by setting personal targets and planning to meet them.

5.3 They develop their ability to weigh up alternative courses of action for health and well-being.

5.4 They gain greater knowledge and understanding of spiritual, moral, social and cultural issues through increased moral reasoning, clarifying their opinions and attitudes in discussions with their peers and informed adults and considering the consequences of their decisions.

5.5 They learn to understand and value relationships with a wide range of people and gain the knowledge and skills to seek advice about these and other personal issues. They learn to respect the views, needs and rights of people of all ages.

## **6. Developing confidence and responsibility and making the most of their abilities**

6.1 Students will be taught to;

- Be aware of and assess their personal qualities, skills, achievements and potential, so that they can set personal goals
- Have a sense of their own identity and present themselves confidently in a range of situations
- Be aware of how others see them, manage praise and criticism, and success and failure in a positive way and learn from the experience
- Recognise influences, pressures and sources of help and respond to them appropriately
- Use a range of financial tools and services, including budgeting and saving, in managing personal money

6.2 They will also learn about the options open to them post-16, including employment and continuing education and training, and about their financial implications. They will use high quality information, advice and guidance to help them choose their next steps, negotiate and plan their post-16 choices with parents/carers and others, develop career management skills, and prepare and put into practice personal action plans

## **7. Developing a healthy, safer lifestyle**

7.1 Students will be taught to;

- Think about the alternatives and long- and short-term consequences when making decisions about personal health
- Use assertiveness skills to resist unhelpful pressure

- Understand the causes, symptoms and treatments for stress and depression, and to identify strategies for prevention and management
- Be aware of the link between eating patterns and self-image, including eating disorders.
- Be aware of the health risks of alcohol, tobacco and other drug use, early sexual activity and pregnancy, different food choices and sunbathing, and about safer choices they can make
- Understand that in the context of the importance of relationships, how different forms of contraception work, and where to get advice, in order to inform future choices
- Seek professional advice confidently and find information about health
- Recognise and follow health and safety requirements and develop the skills to cope with emergency situations that require basic aid procedures, including resuscitation techniques

## **8. Developing good relationships and respecting the differences between people**

8.1 Students will be taught;

- About the diversity of different ethnic groups and the power of prejudice
- To be aware of exploitation in relationships
- To challenge offending behaviour, prejudice, bullying, racism and discrimination assertively and take the initiative in giving and receiving support
- To work cooperatively with a range of people who are different from themselves
- To be able to talk about relationships and feelings
- To deal with changing relationships in a positive way, showing goodwill to others and using strategies to resolve disagreements peacefully
- About the nature and importance of marriage for family life and bringing up children
- About the role and responsibilities of a parent, and the qualities of good parenting and its value to family life
- About the impact of separation, divorce and bereavement on families and how to adapt to changing circumstances
- To know about the statutory and voluntary organisations that support relationships in crisis
- To develop working relationships with a range of adults, including people they meet during work experience, personal guidance and community activities

## **9. Throughout Key Stage 4**

9.1 During this Key Stage, students will be taught PSHE knowledge, skills and understanding through opportunities to:

- Take responsibility (for example, by representing the College to visitors and at outside events)

- Feel positive about themselves (for example, by gaining recognition for the role they play in College life, such as organising activities for younger students or working in the learning resource centre)
- Participate (for example, in an initiative to improve their local community or in challenging activities involving physical performance, public performance or organised events outside the College)
- Make real choices and decisions (for example, about their priorities, plans and use of time and/or about their choices post-16, with regular review and support)
- Meet and work with people (for example, through activities such as work experience and industry days or through having an employer as a mentor)
- Develop relationships (for example, by discussing relationships in single and mixed sex groups)
- Consider social and moral dilemmas (for example, young parenthood, genetic engineering, attitudes to the law)
- Find information and provide advice (for example, by providing peer support services to other students)
- Prepare for change (for example, in relation to progression to further education and training)

## **10. Delivering the PSHE Curriculum**

10.1 Myddelton College recognises its role in delivering these programmes and will be sensitive to the content and style of delivery. It will at all times ensure that appropriate teaching practices relating to age, ability and cultural identity of the students are implemented.

10.2 The College will hold discussions with those parents/guardians who feel that the subject matter is inappropriate for their child and will explore other alternatives that enable age appropriate learning and teaching to take place.

10.3 We will follow the statutory requirements for sex and relationship education (SRE), drug education and careers education and guidance. It is intended that the PSHE lessons will complement this learning, helping to reinforce the notion of making positive choices.

10.4 We will ensure that students receive PHSE teaching regardless of their ability and when appropriate will create Individual Learning Plans (ILPs) to ensure that learning opportunities are matched to the individual need of the student.

10.5 Myddelton College will use both direct and indirect teaching opportunities for students to learn and all subjects will be underpinned by PSHE, enabling the students to relate their educational experience with their life and the lives of others and recognise the correlation

between them. Areas of the PSHE schemes of work will be delivered through flexible learning sessions delivered through the academic year.

10.6 We will work closely with other partner agencies and organisations to reinforce the key concepts and to access specialist expertise that will enhance and support consistency of delivery in the PSHE programmes.

## **11. Assessment of Progress**

11.1 Myddelton College will use a range of methods to assess and report on the student's progress and development in PSHE. These are;

- Recognition of achievement and personal progress within the curriculum
- Assessment recording and reporting accountability structure
- ESTYN inspections
- Peer and self-evaluation and discussion
- Reporting annually to parents/carers

11.2 Myddelton College will also assess the students' learning in PSHE by making judgements of their level of understanding as they observe them during lessons and in their individual and group contributions to College life.

11.3 The achievement of each student will be reported to parents/carers each year in their annual report. Myddelton College will not have formal examinations in PSHE and as such the assessments made on achievements will be positive and reflect the student's individual development and understanding of the subject throughout the year.

## 12. Monitoring, Evaluation and Review

12.1 The PSHE co-ordinator will review this policy at least annually and more often when legislation and guidance changes.

12.2 Its implementation and effectiveness will be monitored by the PSHE co-ordinator and the Head of Academics.

12.3 The policy will be promoted and implemented throughout the College.

**September 2015**

**Next review date July 2017**

Version Control:

Version	Status	Author	Date	Comments
1	Initial Draft	Jemima	July/2015	Initial draft for discussion
2	First review	AJH	Sept/2015	To bring in line with College Handbook
3	Second Review	MWR	Jan 2017	To reflect current practise in College
4				
5				
6				
7				

### List of Appendices

Appendix 1 – PSHE Matrix of Topic

Appendix 2 – PSHE Programme of Study 2017